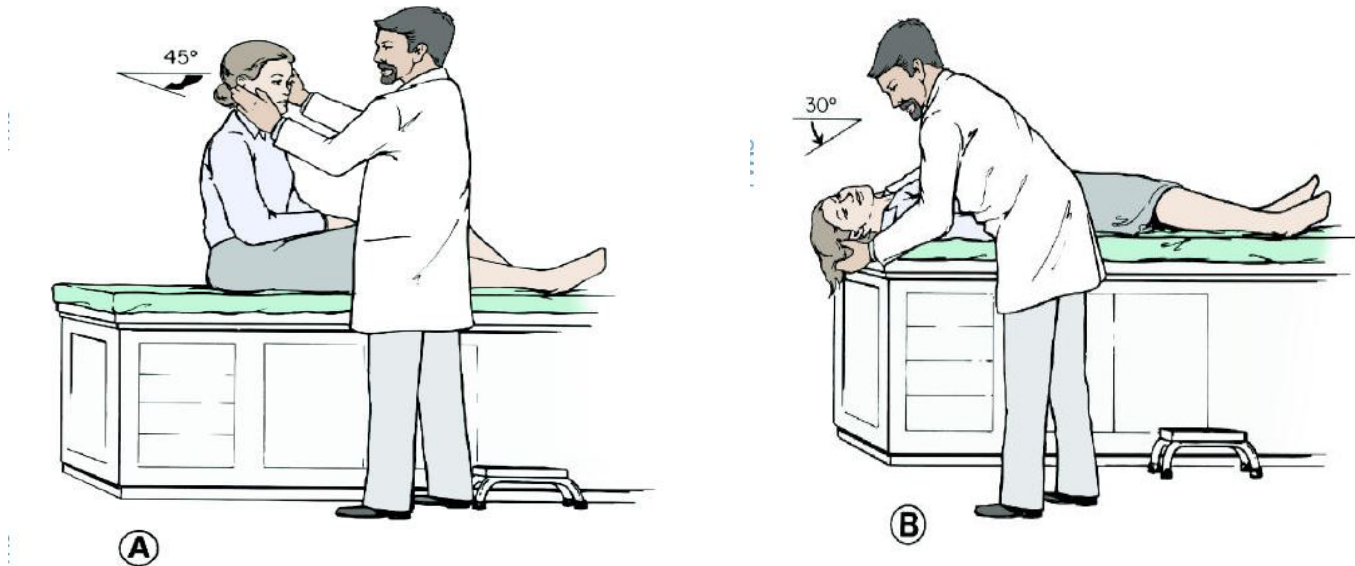


# Appendix 10.2

## Dix-Hallpike Manoeuvre\*



**Dix-Hallpike Manoeuvre (right ear).** The patient is seated and positioned so that the patient's head will extend over the top edge of the table when supine. The head is turned 45° toward the ear being tested (position A). The patient is quickly lowered into the supine position with the head extending about 30° below the horizontal (position B). The patient's head is held in this position and the examiner observes the patient's eyes for nystagmus. In this case with the right side being tested, the physician should expect to see a fast-phase counter-clockwise nystagmus. To complete the manoeuvre, the patient is returned to the seated positions (position A) and they eyes are observed for reversal nystagmus, in this case a fast-phase clockwise nystagmus. Photo: Christine Kenney

\* Taken from Parnes LS, Agrawal SK, Atlas J. Diagnosis and management of benign paroxysmal positional vertigo (BPPV). *Canadian Medical Association Journal*. 2003;169:681-693. For links to video demonstrations of the above manoeuvres, please see [Appendix F](#).