CONCUSSION RECOVERY TIMELINE

Follow-up with primary care provider
Majority recover within a few weeks with education about symptom management. Some symptoms may continue.

Further follow-up required
Additional assessment(s) may be needed if symptoms do not resolve.

Prolonged/persistent symptoms need interdisciplinary care
Typically patients with risk factors for prolonged symptoms are identified at the initial medical assessment.

For more information and resources, visit our websites:
www.braininjuryguidelines.org    www.concussionsontario.org